



【耳鼻咽喉头颈肿瘤多学科诊疗团队】

耳鼻咽喉头颈肿瘤多学科协作团队（MDT）成立于2015年，由耳鼻咽喉科、普外科、超声科、病理科、放射治疗科、口腔科、整形外科、肿瘤内科、核医学科等多个相关科室共同建立。MDT团队自成立以来一直致力于头颈部良恶性肿瘤的诊治，能够完成包括咽旁间隙肿瘤切除、颌面及头颈部肿瘤扩大切除及修复在内的高难度手术，开展各类肿瘤综合治疗，并开设专病门诊。

1 团队成员



科室	核心成员
耳鼻喉科	黄新生, 刘丹政
放疗科	何健
肿瘤内科	刘天舒, 崔越宏
超声科	王备建, 季正标
病理科	侯英勇, 徐晨
核医学科	石洪成, 李蓓蕾
口腔科	王庆, 阮宏
整形外科	施越冬, 张勇
普外科	艾志龙, 王聪

2 临床诊疗

每年新收治喉癌、喉咽癌数量稳步上升，位居上海市前列。常规开设每周一次的耳鼻咽喉头颈肿瘤多学科协作门诊，不定期举行疑难病例讨论和专题会议。先后举办了多期不同规模的学习班，吸引来自全国各地的学员，每期人数稳定在40-60人左右。

3 科学研究

团队协作进行了多项科学研究项目，主持及参与国家自然科学基金项目、上海市科委项目等相关科学研究。每年均有数篇SCI收录论文发表，自MDT团队成立至今已有十余篇头颈肿瘤相关论文发表。同时，我团队积极承担国内多中心临床研究。



Cancer Center of Zhongshan Hospital, Fudan University



[Otolaryngology-Head&Neck Cancer Multiple Disciplinary Team]

The Multiple Disciplinary Team (MDT) for otolaryngology-head&neck cancer at Zhongshan Hospital was established in 2015, which consists of a well-established group of experts from different departments, including department of general surgery, ultrasound diagnosis, pathology, radiotherapy, stomatology, plastic surgery, medical oncology, nuclear medicine and a highly professional head&neck cancer group of otolaryngology. Since establishment, the MDT team has been committed to the diagnosis and treatment of benign and malignant tumors of the head and neck, and has been able to complete difficult operations including resection of the parapharyngeal space tumors, enlarged resection and repair of maxillofacial tumors, and comprehensive treatment of various types of tumors. One special disease clinic opens each week.

1 Team Members



Department	Core Panelists
Otolaryngology	Xinsheng Huang, Danzheng Liu
Radiotherapy	Jian He
Medical Oncology	Tianshu Liu, Yuehong Cui
Ultrasound	Beijian Huang, Zhengbiao Ji
Pathology	Yingyong Hou, Chen Xu
Nuclear Medicine	Hongcheng Shi, Beilei Li
Stomatology	Qing Wang, Hong Ruan
Plastic Surgery	Yuedong Shi, Yong Zhang
General Surgery	Zhilong Ai, Chong Wan

2 Clinical Diagnosis and Treatment

The number of newly admitted laryngeal and hypopharyngeal cancers has risen steadily every year, with high ranking in Shanghai. Regularly open a multidisciplinary clinic for head and neck cancer once a week, and conducted case discussions and special meetings periodically. A number of lessons of head and neck cancer have been held to attract students from all over the country, and the number of people in each lesson is stable at 40-60.

3 Scientific Research

The team has carry out a number of scientific research projects, hosted and participated in several scientific research projects such as the National Natural Science Foundation project and the Shanghai Science and Technology Commission project. Several SCI papers published every year. Since the establishment of the MDT team, more than ten papers related to head and neck cancer have been published. At the same time, the team actively participated multi-center clinical researches in China.

耳鼻咽喉-头颈肿瘤简介

耳鼻咽喉-头颈肿瘤是指发生在耳部、鼻腔鼻窦、咽喉及颈部的良恶性肿瘤。常见的耳鼻咽喉-头颈肿瘤包括：鼻咽癌、鼻腔鼻窦乳头状瘤、喉癌、腮腺及颌下腺混合瘤、甲状腺肿块等。耳鼻咽喉头颈肿瘤生长的部位由于涉及许多重要的组织器官，整个肿瘤的生长及治疗过程中会显著影响人们的生活质量，导致如：发音困难、吞咽困难、呼吸困难、张口困难以及面瘫等问题。因此，对于耳鼻咽喉-头颈肿瘤来说，早发现、早治疗对于患者的生存时间和生活质量尤其重要。

哪些症状需要引起重视并应及时就诊

- 声音嘶哑超过2周末好转。
- 头面部及颈部出现肿块。
- 长期回吸鼻涕带血或唾液带血。
- 长期鼻塞或鼻出血，尤其是单侧长期鼻塞。
- 口腔溃疡、白斑超过2周末愈。
- 吞咽食物出现困难。
- 长期耳痛、长期头面部疼痛。

特别值得一提的是颈部肿块！颈部肿块病因复杂多样，存在一个“80%定律”，即：在非甲状腺肿块中，80%的颈部肿块为肿瘤性；在肿瘤性颈部肿块中，恶性占80%；在恶性颈部肿瘤中，80%为转移淋巴结；在颈部转移淋巴结中，原发灶肿瘤80%位于锁骨上。从这个“80%定律”可以发现：其实绝大多数颈部肿块是源于耳鼻咽喉科疾病。这些疾病的诊断，通过鼻内镜、喉内镜以及纤维内镜等耳鼻喉科特有的诊疗技术可以早期发现病灶并在内镜下予活检明确病理诊断，以便尽早进行治疗。

如何就诊

头颈部不明原因肿块最合适的首诊门诊是耳鼻咽喉-头颈肿瘤门诊。在耳鼻咽喉头颈肿瘤的诊治上联合影像超声科、病理科、放射治疗科、口腔整形外科、肿瘤内科等多个科室协同配合，制定个体化精准诊治方案。